



**Megan LaPuma is the VP of Market Growth & Development at Corning Credit Union and a graduate of the Nutritional Therapy Association. She has spent nearly two decades developing leaders, establishing highly effective teams and motivating others through personal and organizational change. Megan is the CEO/Co-Founder of Agility Foods [The Agility Foods Difference \(eatagility.com\)](http://eatagility.com).**

**As a Nutritional Therapy Practitioner, she is trained to facilitate nutritional workshops for groups, as well as provide one-on-one coaching with individuals who are looking for practical solutions to improving their overall health.**

**For additional information about the many benefits of nutritional therapy, please contact Megan directly at [megan@eatagility.com](mailto:megan@eatagility.com)**

